

# Life Experiences That Impact Economic Mobility



- Avoiding involuntary unemployment
- Obtaining a first full-time job that offers opportunity for advancement
- Receiving job or skills training



- Accessing stable affordable housing
- Avoiding interactions with the criminal justice system
- Living in a high mobility neighborhood
- Having reliable and affordable access to physical and digital infrastructure



- Accessing extracurriculars during adolescence (including sports, clubs, work)
- Accessing pre-K and other early childhood development opportunities
- Avoiding repeated school disciplinary actions
- Completing high school education Graduating with a degree in a high-paying field of study
- Pursuing/completing postsecondary education



- Accessing non-wage employment-based benefits (including healthcare, retirement)
- Accessing public benefits and programs Experiencing financial inclusion (including financial education & access)
- Having manageable student debt
- Owning a business



- Accessing care for mental and physical health conditions
- Accessing pre- and post-natal care
- Being born within a healthy birth weight
- Having access to adequate nutrition and a balanced diet in childhood
- Having low exposure to traumatic experiences (including ACEs)



- Having strong social and professional networks
- Living with a working adult partner (including cohabitation, marriage)
- Not having to provide unpaid care for adult family members
- Not having to provide unpaid care for children
- Receiving mentorship during adolescence